

CERTIFICATE

OF PARTICIPATION

This is to certify that

Arnold Lawrence

Has successfully participated & completed the

30km Gosport Training run for Addo

held at Cowhouse Market.

TIME 02:55:32

PACE 05:51/km

OVERALL 2 of 5

GENDER 1 of 4

50 - 59 1 of 1

30 August 2020, Sun

Date



BowlTime

Signature